

## Crisis Response Resources for Further Study

The following resources are for those who wish to go deeper in studying and understanding crisis response and the specific topics that were covered in the Crisis Response Training. The Crisis Response Section includes general resources that have a variety of crisis response elements. This is followed by topic specific sections.

### Crisis Response

#### Books

Gardner, Laura Mae. (2015). *Healthy, Resilient and Effective in Cross-Cultural Ministry*. Condeo Press.

Schaefer, F. C., & Schaefer, C. A. (Eds.). (2012). *Trauma and resilience: A handbook. Effectively supporting those who serve God*. Condeo Press.  
([www.traumaresilience.com](http://www.traumaresilience.com))

Slaikue, Karl A. (1990). *Crisis intervention: A handbook for practice and research*. 2<sup>nd</sup> edition. Boston, MA: Allyn and Bacon.

Slaikue, K.A., & Lawhead, S. (1987). *Up from the ashes: How to survive and grow through personal crisis*. Grand Rapids, Michigan: Zondervan Publishing.

Wright, H. Norman. (2011). *The complete guide to crisis & trauma counseling: What to do and say when it matters most!* Bloomington, MN: Bethany House Publishers.

#### Online Resources

- Barnabas International <http://barnabas.org/resources.php>
- Global Member Care Network <https://app.mailerlite.com/webforms/landing/k8h5i8> to sign up for newsletters. Facebook page at <https://www.facebook.com/groups/globalmembercare/>
- Headington Institute [www.headington-institute.org](http://www.headington-institute.org)
- Member Care in Korea - Korea Crisis Management Service [www.kcms.or.kr](http://www.kcms.or.kr)
- Member Care Media [www.membercaremedia.com](http://www.membercaremedia.com)
- Mobile Member Care Toolbox [www.mmct.org](http://www.mmct.org)

- Novo in Malaga, Spain <http://sentwell.org/>
- Trauma Healing Institute <http://thi.americanbible.org/>

### Devotional

- DeWelt, Christopher on *Rest*. <https://www.youtube.com/watch?v=XtHQgUULCRs>
- Hudson, Trevor. (2012) *The Cycle of Grace: Living in the sacred balance*. Nashville, TN: Upper Room Books.

### Biblical Understanding of Suffering

- Mason, Mike (1994). *The gospel according to Job: An honest look at pain and doubt from the life of one who lost everything*. Wheaton, IL: Crossway.
- McCord, K. (2015). *Why God calls us to dangerous places*. Chicago, IL: Moody Publishers.
- Shaum, Scott. (2017). *The Uninvited Companion*. Middletown, DE: Cresta Riposo Books.

### Resilience and Stress

#### Books

- Carr, K.F. (2017). *Trauma counseling for missionaries: How to support resilience*. In H. Gingrich & F. Gingrich (Eds.), *Treating Trauma in Christian Counseling* (pp. 340-362). Downer's Grove, IL: InterVarsity Press.
- Fawcett, J. (Ed.). (2003). *Stress and trauma handbook: Strategies for flourishing in demanding environments*. Monrovia, CA: World Vision International.

#### Online Resources

- Blanchetière P. (2006) *Resilience of Humanitarian Workers* [online] [www.peopleinaid.org/pool/files/pubs/resilience-ofaid-workers-article.pdf](http://www.peopleinaid.org/pool/files/pubs/resilience-ofaid-workers-article.pdf).
- Whiteman, G., et. al. *How do missionaries become resilient?* [www.Resilientmissionary.org](http://www.Resilientmissionary.org).

## Grief

### Books

- Brueggemann, Walter. (2007) *Praying the Psalms: Engaging Scripture and the Life of the Spirit*. Portland, OR: Wipf and Stock Publishers.
- Card, Michael. (2005). *A Sacred Sorrow*. Carol Stream, IL: NavPress.
- Mitchell, Kenneth R. and Herbert Anderson. (1983). *All our losses all our griefs*. Philadelphia, Pennsylvania: Westminster Press.
- Sittser, Jerry. (1995) *A Grace Disguised*. Grand Rapids, MI: Zondervan Publishing.
- Tada, Joni Eareckson and Steve Estes. (1997). *When God weeps*. Grand Rapids, Michigan: Zondervan Publishing House.

### Online Resources

- Grief Journaling with the Psalms of Lament <http://www.journey-through-grief.com/grief-journaling-with-laments.html>.

## Depression and Anxiety

- Backus, William & Chapan, Marie. (2000). *Telling yourself the truth*. Minneapolis, Minnesota: Bethany House Publishers.
- Bourne, Edmund. (2015). *The anxiety and phobia workbook*. Oakland, California: New Harbinger Publications.
- Eng, Elaine Leong. (2014). *No worries: Spiritual and mental health counseling for anxiety*. Bristol, Virginia: Healthy Life Press.
- Hart, Archibald. (2001). *Unmasking male depression*. Nashville, Tennessee: Word Publishing.

## Shame

### Books

- Smedes, Lewis. (1993). *Shame and Grace*. New York, NY: HarperCollins Publishers.
- Thompson, Curt. (2015) *Soul of Shame*. Westmont, IL: InterVarsity Press.

### Online Resources

- Honor and Shame [https://www.youtube.com/watch?v=r89-QVkg8\\_8](https://www.youtube.com/watch?v=r89-QVkg8_8)  
<http://honorshame.com/honorshame-resources/>

## Sleep

### Online Resources

- Sleep and Emergency Responders, Headington Institute  
<https://headington-institute.org/blog-home/704/sleep-and-emergency-responders>
- Stewardship of Self for Cross Cultural Workers – Sleep:  
<http://www.crossculturalworkers.com/sleep>
- How to Sleep Better: [www.webmd.com/sleep-disorders/guide/sleep-hygiene](http://www.webmd.com/sleep-disorders/guide/sleep-hygiene)

## Psychological First Aid

### Books

- Everly, George & Lating, Jeffrey. (2017). *The Johns Hopkins Guide to Psychological First Aid*. Baltimore, MD: Johns Hopkins University Press.

### Online Resources

- Psychological First Aid Field Operations Guide, 2<sup>nd</sup> Edition:  
<https://www.nctsn.org/resources/psychological-first-aid-pfa-field-operations-guide-2nd-edition>

## **Crisis Debriefing**

- See References listed in Critical Incident Stress Debriefing: Helpful or Harmful (10.1)

## **Care for the Caregiver**

### **Books**

- Ash, Christopher. (2016). *Zeal without burnout*. Charlotte, NC: The Good Book Company.
- Figley, C.R. (1995). *Compassion fatigue: Coping with secondary traumatic stress disorder in those who treat the traumatized*. Levittown, PA: Brunner/Mazel.
- Horsfall, Tony. (2010). *Working from a place of rest*. Abingdon, UK: BRF.
- Stamm, B. Hudnall. (Ed.) (1999). *Secondary traumatic stress*. Lutherville, MD: The Sidran Press.